



Sunday **A.M.** Small Groups

Spring 2018 – Central Campus

Over the course of this semester both Leslie Martin and Ellie Cunningham will be teaching. There are going to be several small groups that you can join. Below is a description of the type of group and what they will be discussing. Come! Join a group and make some friends!

Digging Deeper

In this group you will join with other ladies discussing the mornings teaching. Leslie and Ellie will be teaching on the Gospel of Mark. There are several groups to choose from and it is a GREAT way to go a little deeper, ask a few questions and encourage one another.

Small Group Leaders: Beverly Jacobsen and Jeannette Keenan

Uninvited: Living Loved When You Feel Less Than, Left Out, and Lonely – Lysa Terkeurst

The enemy wants us to feel rejected . . . left out, lonely, and less than.

In *Uninvited*, Lysa shares her own deeply personal experiences of rejection--from the perceived judgment of the perfectly toned woman one elliptical over to the incredibly painful childhood abandonment by her father. She leans in to honestly examine the roots of rejection, as well as rejection's ability to poison relationships from the inside out, including our relationship with God. *Uninvited* reminds us **we are destined for a love that can never be diminished, tarnished, shaken, or taken**--a love that does not reject or uninvite.

Calvary Price: \$15.30 ISBN # 978-1400205875

Small Group Leaders: Patricia Worth and Gabrielle Siciliano

Boundaries: When to say Yes and When to say No to Take Control Of Your Life

– Cloud and Townsend

Having clear boundaries is essential to a healthy, balanced lifestyle. Boundaries impact all areas of our lives: Physical boundaries help us determine who may touch us and under what circumstances -- Mental boundaries give us the freedom to have our own thoughts and opinions -- Emotional boundaries help us to deal with our own emotions and disengage from the harmful, manipulative emotions of others -- Spiritual boundaries help us to distinguish God's will from our own and give us renewed awe for our Creator -- Often, Christians focus so much on being loving and unselfish that they forget their own limits and limitations.

Dr. Henry Cloud and Dr. John Townsend offer biblically-based answers to these and other tough questions, showing us how to set healthy boundaries with our parents, spouses, children, friends, co-workers, and even ourselves.

Calvary Price: \$15.30 ISBN-13: 978-0310247456

Small Group Leaders: Patti Ryan and Tammy Low

Calvary bookstore will have a limited quantity of these books on hand.